



Be the Change: Listening with Love

Agenda

1. What is Active Listening?
2. Personal Active Listening Reflection
3. Partner Discussion
4. Strategies for active, empathetic listening
5. Ted Talk: The Power of Listening
6. Set a Goal

Definition

- **Effective listening is listening to the words of the speaker and the *meaning* of the words.**
- **Active listening is a process in which the listener takes active responsibility to understand the content and *feeling of* what is being said and then checks with the speaker to see if he/she heard what the speaker intended to communicate.**



“

Our goal is to make the process
of active listening automatic...
and to treat listening to
someone else as an act of love.

-- Sara K. Amed



Personal Reflection



Take 5 minutes to complete the Active Listening
Self-Assessment



Partner Discussion



Think about a time you misread or misinterpreted what someone was saying and you jumped to an emotional reaction. Discuss this with your partner.

Would pausing to practice an active listening stance have helped avoid that impulse?

Introducing Active Listening to Students [™]

- Give students a chance to show what they already know
- Provide a space for students to practice active listening in response to a read-aloud
- Model a conversation using active listening
- Use signals of active listening

Classroom Resources

[Active Listening SLANT Cards](#)

[Active Listening “Speed Dating”](#)

SLANT

Sit up 

Lean forward

Ask questions ?

Nod yes and no

Track the speaker





The Power of Listening

Ted Talk with Jonathan So

Now what?

Write down One THING you want to work on to be a better listener personally

OR

One idea from this session or the Ted Talk to build a better listening environment in your classroom.

Leave your sticky on the chart paper as you leave.

Then What...

For January 13th

MTSS Data Talk

- ▶ Print and bring intervention group progress for discussion
- ▶ Be prepared to share what lessons and strategies are working
- ▶ Be ready to discuss students who are not making progress with the interventions